



# THE PARISHES OF ST ANNE'S EAST WITTERING AND EARNLEY



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## CHURCH SERVICES

### St. Anne's East Wittering

<b>Sundays:</b>	8:00am	Said Eucharist (Last Sunday of the month BCP)
	10:00am	<b>PARISH EUCHARIST</b> and Sunday School
<b>Tuesdays</b>	7:00pm	Said Eucharist
<b>Wednesdays &amp; Thursdays</b>	10:00am	Said Eucharist
<b>Fridays</b>	7:00pm	Said Eucharist (1st Friday Compline and Benediction)
<b>Saturdays</b>	9:30am	Said Eucharist
		Morning and Evening prayer is said Tuesday to Friday
		At 9:00am and 5:30pm and Saturday at 9:00am

### Earnley

<b>Sundays:</b>	9:00am	Sung Eucharist
	6:00pm	Evensong as announced

Weddings, Holy Baptisms and Confessions on request to the Rectory  
See also St Anne's Website: [www.stanneschurcheastwittering.btck.co.uk](http://www.stanneschurcheastwittering.btck.co.uk)  
<http://facebook.com/stanneschurcheastwittering>

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Cover design by Yvonne Rusbridge (Hudson) represents the landing on the Sussex coast of St Wilfrid in 681 AD

## RECTOR'S LETTER



I was reading an article in the latest Local Life magazine about the United Reformed Church, and it was good to hear they are replicating the love and joy that is so much the everyday life of St Anne's. The article spoke of 'the informal atmosphere all wearing everyday clothes', which is fine, as you can indeed experience God's love in whichever way you worship. Worship in the Church of England, as in the Roman Catholic church, has a formal structure and tradition that unites us in the sacramental worship with our

neighbouring parishes and with the national and international body of worshipping Christians.

A survey of important human landmarks reveals that what we wear communicates our respect for an occasion: the vesture of a bride and groom on their wedding day, the robes we wear at graduation, the attire we wear for a job interview or a first date. A waiter at a fine restaurant wears a tuxedo for the same practical reason that a priest wears certain vestments for the Holy Sacrifice of the Eucharist. In each case, the clothes of the servers communicate the fact that they know the importance of the occasion, and how best to fulfil their duties. If a fine dinner presumes proper attire, how much more so the Holy Sacrifice of the Mass by which God becomes present?

Everyone wears clothes for certain events, therefore, it is fitting that when God is represented, as in the case of a priest, he wears clothing to reveal this mystery. The priests of the Old Covenant were commanded by God to wear special garments when they served in the presence of the Lord. These vestments were signs to denote the sacred calling of the priest, but even more, the vestments reminded the priest that he stood in the presence of God. The Old Covenant vestments were prescribed by direct revelation and pertained to the Old Covenant hierarchy of the High Priest, the Priests, and the Levites. The vestments of the New Covenant remind us and the priest that he is acting in the person of Christ - vestments mask the priest's humanity that he may be '*persona Christ*'. The Eucharistic liturgy calls for special clothes for this special context. Holiness calls for set-apart, sanctified clothing. Of course, there are many ways to worship God: in personal prayer, in an awe-struck silence before the grandeur of God, in tears that express feelings too deep for words or in laughter that wells up unbidden from the very ecstasy of being alive. But in addition to all of these, the worship of God needs to be continually and intentionally expressed and held up in honour and in awe, lest it become assumed or taken for granted. This, I believe, is the role and purpose of the formal rites of worship in the church. Formal worship teaches us the wisdom and traditions of the ages. It reminds us of truths that are bigger than we are, truths that we risk forgetting if left to our own devices. Formal worship brings us into community where people can support each other and where we can encourage each other to live in the ways God calls us to live.

So, does God care what form our worship takes or what we wear? Who am I to answer that question? What I can say, however, is that I think it is important that we care what form our worship takes. I think it is important that in our worship we offer to God the finest expression of honour, gratitude and praise we have the means to offer; important that our worship lifts us up out of the ordinary occupations of our lives and into an

awareness of the presence of God; important that worship provides for us that unique time and place where we can both recognise and acknowledge that we are standing on holy ground, because we have intentionally come together with others to be in the presence of God. Through the act of formal worship, we are continually shaped and formed as a people, even as we offer to God the honour and praise of our hearts and our lives. In my very human condition, formal worship gives me structure. Without it my spiritual awareness lags.

*With love and prayers,  
Fr Steve.*

### ST. ANNE'S FELLOWSHIP CIRCLE

'Scams, Frauds and Rogue Traders' brought Richard and Jason, fully uniformed, racing in their police patrol car, to our June meeting in East Wittering Village Hall. – a more lively, informative and entertaining pair you would be hard pushed to find in our constabulary. The committee had decided, since the subject was something that would be of interest to most people, to make it an open meeting, and a goodly crowd turned up.



"Don't think you're an idiot and don't want to tell anyone, if you fall for a scam," Richard impressed upon us early on in the proceedings. "Share it." He assured us that even if a caller at the door or on the phone claims to be from the police and shows an ID card, you can always ring 999 and check. In any case, even they don't have the power to ask for your bank details. He warned us about various scams that have been and are still being used – HMRC – money owed and threatening violence if it's not paid; computer running slowly or playing up – a way of getting details from on-line accounts; investments where slow grooming encourages you to invest more and more into some venture. He reminded us of Ransomware – that the NHS was scammed on 2 years ago.

Then there's scam mail which particularly targets people who live on their own, and traders who knock on the door and offer to sharpen knives and sheers. There are ways in which we leave ourselves vulnerable by what we put on social media. Romance fraud is a growing problem – a result of dating sites, and you may be surprised to know that Sussex is the worst place for this.....SO BEWARE! We all went home better equipped and clutching our revised 'Scam' books.

The July meeting was our Cream Tea in Sue's garden - as delicious as always.

**Our next meeting is on September 25<sup>th</sup> when we will be engaged in one of Pam's famous Beetle Drives. The next Sunday Tea is on September 1<sup>st</sup>.**

CAROLE COLMAN



News – do we ever hear anything that is ‘good’ news? I started thinking about September’s Parish Life at the beginning of August when there were problems with the Toddbrook reservoir, when there had been so much rain that it was in danger of over topping, part of the dam wall was apparently crumbling and the community of Whaley Bridge in Derbyshire was threatened. All of this at a time when we and our gardens here in the Witterings were desperate for a bit of rain! This was closely followed by the news that painted lady butterflies were swarming into the UK, something that normally occurs only once in 10 years. Whilst I ponder whether that is ‘good’ news or ‘bad’ the news reader has moved on to Siberia where a large swathe of forest is being devastated by fire – an ‘environmental catastrophe’ he calls it. In the same week we hear that the national grid has failed over a million people, affecting a hospital - whose back-up generator failed - rail services and, to make things worse, wind turbines in the area shut down inexplicably. The next day we are assured that it was not a cyber attack! But we discover that what made the situation worse was that the train drivers couldn’t restart their trains and had to wait for engineers to come out and do it! “I’ve heard it all now!” I declare to anyone who might be around to hear me. But I hadn’t, had I!

The ‘crowning glory’ was yet to come. “David,” I call, “they’re in Norwich Cathedral.” Now, despite having been to Norfolk a number of times, I’ve never been to Norwich. Well, I have passed through it twice – the very first time I went to Walsingham many years ago and the time I went to the Christmas Festival on June Stadius’ trip - but I’ve never been to visit it specifically, and I’ve never been in the Cathedral and was interested to get a glimpse of it. I look up at the TV screen and, horror of horrors, a red and white tower-like structure meets my eyes, dominating the whole scene. It’s a helter-skelter, installed to make people, who are not used to going to a church, feel more comfortable. A few days later I read in the paper that crazy golf has been set up in my home cathedral – Rochester in Kent – for the same reason as the helter-skelter has appeared in Norwich. OK! So we’re used to a lot of dentists having an aquarium in their waiting rooms to lull their patients into a sense of calm, and I know that in mediaeval times markets were held in the nave of the parish church, but a helter-skelter and crazy golf? For me that’s a step too far. What about you?



### THE 2019 EARNLEY CHURCH PET SERVICE

All creatures great and small are welcome at **4pm on September 15<sup>th</sup>**. Bring your pet along to be blessed, but please make sure they are on leads or in baskets or cages! Horses, chickens and even snails have been welcomed in previous years!

# CATHEDRAL NEWS

Chichester Cathedral's **Live Better Together 2019** programme opens on Saturday 21 September, International Day of Peace, with **Recipe for Peace**, a free drop-in event for all ages on the Cathedral Green from 1.30-3.30pm. Find out about recipes from around the world contributed by people who live in and around Chichester. This is a partnership project between Chichester Cathedral, Friends Without Borders, the Quakers in Chichester, Sanctuary in Chichester and UK Harvest. The event will be followed by an **Interfaith Thanksgiving** in the Cathedral's Lady Chapel at 4pm.

**Live Better Together** continues with two free but ticketed events to book in advance - **A talk on 1 October by Dr Ruth Valerio** on the connection between climate, conflict and prosperity followed by **an Interfaith Panel on 17 October** who will address the question “What role, if any, should faith-based organisations play in efforts to combat climate change?”

Alongside events there will be a **Prayer Station for Peace** to light candles or offer prayers for peace as well as a **Peace and Reconciliation trail** to explore in the Cathedral. Full details and how to book Live Better Together events are at [www.chichestercathedral.org.uk](http://www.chichestercathedral.org.uk) or contact 01243 812497.



The churchyard working party was  
never seen again

Shhh...

## Whispers

A curate lost his voice at the local football match one Saturday and being due to preach the next morning, he thought he should call in and consult his vicar. When he rang the vicarage bell the door was answered by a very attractive teenage daughter.

"Is the vicar in?" the curate managed to whisper very quietly.

"No," she whispered back, thinking she had got the message. "Come on in!"

## DIARY DATES

- Tuesdays** 'Meet & Greet' at West Wittering Memorial Hall, 10am to 1pm  
**2nd Tuesday— Garden & Wine Club.** E. Witt VH, 7.30pm  
**1st & 3rd (Sept. to May) Wittering Camera Club** Sports Pavilion,  
 Rookwood Road, W. Wittering
- Wednesdays** **Youth Drop In** Centre, W. Witt Pavilion, 7.00pm –9.00pm  
**4th Weds—St. Anne's Fellowship Circle** in E. Witt VH 2.30pm
- Thursdays** **1st Thursday—The Thursday Group**, Bracklesham Barn 3.00pm  
**1st Thursday Citizens' Advice Bureau** at the back of the Health Centre  
 9.30-11.30  
**Last Thursday VIP (Visually Impaired) Club**—Medical Centre 2.30pm.  
 For more information or lift contact Jean Church on 01243 670799
- Fridays** 'Tea & Chat' at The URC Church , Oakfield Avenue 1.30pm onwards

### SEPTEMBER:

- Sunday 1st** Trinity 11  
**Sunday 8th** Trinity 12  
**Saturday 14th** Holy Cross Day  
**Sunday 15th** Trinity 13 (Battle of Britain Day)  
 6.00pm Earnley Pet Service  
**Saturday 21st** Matthew, Apostle and Evangelist  
 International Day of Peace  
**Sunday 22nd** Trinity 14  
**Sunday 29th** Trinity 15 (Michael and All Angels)



### OCTOBER:

- Sunday 6th** St. Anne's Harvest Festival

## FROM THE REGISTERS

### The Recently Departed:

*Sheila Robinson*

*Anthony Lansdell*



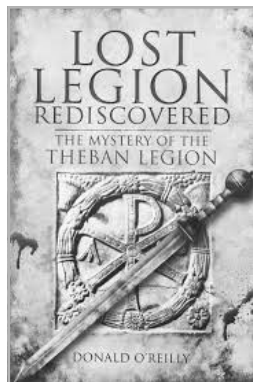
*"In my Father's house there are many rooms....."* John 14 v.2

### ***St. Maurice and the Theban Legion***



St. Maurice and the Theban Legion all died on the same day, thought to be round about the year 287, so it is little wonder that Maurice, the chief officer, is regarded as the patron saint of armies. They came from the Egyptian city of Thebes and were all Christians. So how did it come about that so many legionnaires were slaughtered on the same day when they were not involved in a battle against the enemy?

They were sent to Switzerland by Emperor Maximian where a Gallic tribe had risen against their Roman masters. Before the battle the emperor ordered that every member of the legion should offer a sacrifice to the Roman gods. As Christians Maurice and his men could not comply with this and refused. To break their spirit the emperor commanded his Roman troops to kill every tenth member of the Theban Legion. When they still refused to obey Maximian ordered a second decimation, which was equally unsuccessful. Furious, Maximian commanded his Roman troops to kill them all. Thus, the



courage, discipline and faithfulness of the Theban legionnaires earned Maurice, their commander, his acclaim as the patron saint of armies. There are many churches throughout central Europe dedicated to him, more than fifty French towns and villages named after him and he is regarded as one of Austria's patron saints and also one of the Pope's Swiss Guards'. Maurice's Feast Day is on 22<sup>nd</sup> September. **CRC**



**I don't mean to sound ungrateful, Fred, but when I asked for something to 'represent farming in the community'....**



### A PICTURE OF REPRESSION

Nothing has defined Tibet's unique identity, nor Tibetans' resistance to the occupation, more than Tibetan Buddhism. For decades, the bravery of Tibet's monks and nuns and the international advocacy of the Dalai Lama have been a thorn in the side of the ruling Chinese Communist Party. The Party demands loyalty and, over the years, has tried and repeatedly failed to force Tibetan Buddhists into obedience and even stamp their religion out altogether.



A key part of this crackdown is a policy of trying to discredit or marginalise Tibetan Buddhist leaders. The story of the Panchen Lama, abducted as a young boy and missing for 24 years, (is well known as is the) CCP's fierce attacks on the Dalai Lama. The most prominent and respected representative of Tibetan Buddhism has been labelled a "terrorist", been likened to Saddam Hussein and been accused of "making a mockery" of Buddhism by various Chinese authorities. Tibetans who express support for him have been arrested and his portrait has been banned in monasteries, public places like shops, and the home.

This year the CCP took its efforts to erase the Dalai Lama from Tibet to another level. In January, local authorities began to order Tibetans to put shrines to Xi Jinping and other Communist party leaders inside their homes. Traditional worship was turned on its head with authorities telling Tibetans to prostrate themselves in front of the images, in an act of deference and respect that would usually only be reserved for Buddhist figures. Authorities even threatened to withdraw aid from those Tibetans dependent on government subsidies, if they failed to replace the images of holy Lamas. The CCP may be avowedly atheist but, in occupied Tibet, it seems that Party leaders must be treated as deities.

These attacks on Tibetans' religious freedom go right to the top. For many years the CCP has sought to take control over religion in Tibet, but there has been a notable spike in these efforts since October 2017. This was when Xi Jinping, in his opening address to the 19<sup>th</sup> National Congress of the Chinese Communist Party, asserted that Chinese culture had to be revitalised, that "erroneous" ideologies had to be rejected and that religion would have to be "Chinese in orientation". Since then, thousands of CCP personnel have been dispatched to Tibet's monasteries, towns and villages to educate Tibetans about this vision of religion. There have been new restrictions on monasteries, with some banned from teaching Tibetan classes to their local communities and others subjected to exams, in which residents are required to answer questions on Chinese laws and Xi Jinping's views on socialism.



## FEATURES

This religious coercion is worrying, but it has its limits. Official state media may show photos of Tibetan families smiling in their homes in front of these CCP shrines or adorning these portraits with khatas and Tibetan snacks. CCP leaders can boast that they can control how Tibetans practice religion in their monasteries and in their homes. But the CCP cannot control what Tibetans really think, just as state propaganda cannot capture Tibetans' true feelings. For that, we must look to the protests inside Tibet and the condemnation of the CCP by Tibetans around the world who are free to speak. The CCP, the Chinese security forces and the other authorities that run Tibet as a prison can force Tibetans to go through the motions of praising Xi Jinping, but cannot expect to convert them.

*Taken from 'FREE TIBET', June 2019*



### **PLEASE DON'T TRY TO BLAME ME FOR CLIMATE CHANGE.....**

As a dairy cow I feel much maligned by misconceptions concerning my contribution to climate change. Plants and trees are nature's way of dealing with carbon emissions, but this process produces cellulose, a carbohydrate you humans are unable to digest.

However, I love to eat it and I convert it into milk and beef, which you enjoy as part of your balanced diet. I do apologise for the methane I produce, but have our scientists told you that this breaks down naturally and is reabsorbed by plants, thus completing a natural cycle? Because of better breeding, I produce more milk and meat than my grandparents did, so fewer cows are needed, hence our carbon footprint has actually decreased.

I do wish you humans would acknowledge that 80% of greenhouse gasses come from the fossil fuel-consuming industries, which include factories producing processed soya, almond and other somewhat artificial drinks masquerading as milk!

**PURESNOW, c/o NICK HEBDITCH, Chard, Somerset**

**Taken from *The Daily Mail*, 3<sup>rd</sup> August, 2019**

***David was looking over my shoulder while I was typing this article, and he informs me that Adam Henson on 'Country File' has discovered that if the silage fed to cows is cut to a certain length (4" he thinks it is), it reduces cows' methane production by 70%! Ed***

### HEART OF THE MATTER



**Look after your heart and it will look after you. Jane Collins shows you how to give yours some extra TLC.**

Few of us actively think about how healthy our heart is – not least because we can't see it so assume it's ticking along nicely. Yet statistics from the British Heart Foundation show seven million of us are living with coronary heart disease (CHD) and it remains the UK's biggest killer. The good news is that simple lifestyle tweaks can help keep heart disease at bay.

### WATCH YOUR WEIGHT

Being overweight increases your risk of high blood pressure, high cholesterol and type 2 diabetes (all markers for potential heart disease). The more weight you are carrying around your belly, the bigger the risk (the danger zone for a woman is a waist measuring 32" or over and for a man 37" or more). If you can shave just two inches off your waist through diet and exercise, you reduce your risk of CHD by around 10-15%

### WALK THE WALK

Becoming more active will not only help to burn off calories but also help balance blood glucose, lower blood pressure and LDL ('bad' cholesterol) while boosting levels of HDL (the 'good' variety). The good news is that even moderate exercise, such as an hour's worth of gardening or walking a week, something most of us can manage, has been linked to a lower risk of heart attack and stroke. The NHS recommends 30 minutes a day, but you can break it up into three manageable 10 minute slots if you're lacking time.

### EAT WELL

Trumping all other diets in the heart health stakes is the Mediterranean diet. A study presented at last year's European society of cardiology conference revealed that those with a history of heart disease who ate the Med way – plenty of fruit and vegetables, wholegrains, pulses, nuts, seeds, fish, olive oil, garlic and herbs plus moderate amounts of poultry, red meat and alcohol – had a 37% lower risk of dying than those who didn't.

**Taken from *Lifespan*, July 2019**



#### **You are what you eat**

"Tell me what you eat, and I'll tell you what you are," said the pub's philosopher.

Whereupon a meek little man, sitting a few feet away, called softly to the waitress: "Cancel my prawn salad, please."

### GOOD MEWS! A JAB FOR YOUR CAT COULD END ALLERGY MISERY



It's a source of dread for many, arriving at a friend's for dinner, to find there's a cat creeping in the kitchen. But for those familiar with the itchy eyes, the runny nose and wheezing, brought on by a moggie on the prowl, an end to the misery is in sight. Scientists have developed a vaccine which could prove a godsend for the one in ten of us thought to be allergic to cats - and for those afraid of needles the good news is it's the animals who are injected not us.

Cat allergies are caused by a protein called Fel-d1, present mainly in the animal's fur. The protein attaches itself to cat dander, tiny particles of dry skin which are shed on surfaces such as bedding and sofas. When the protein gets into a person's airways, it can trigger a rush of histamine – a chemical pumped out by the immune system when it thinks it is under attack. It is this turbo-charged response by the immune system, rather than the protein itself, that causes the distressing symptoms.

The allergy affects half of all asthmatic children, according to charity Allergy UK, and many are forced to rely on anti-histamine tablets or inhalers to relieve their symptoms when a cat is present. It is also bad news for the animals themselves, with charity Cats Protection receiving hundreds of phone calls a year from owners who have had allergic reactions to their pets and need to rehome them. Researchers have spent nearly a decade developing the vaccine, called HypoCat, which works by neutralizing the Fel-d1 protein by triggering the cat's own immune system to attack and destroy it.

A study to be published in the *Journal of Allergy and Clinical Immunology*, found the jab significantly reduced the amount of harmful protein produced. Scientists from the University Hospital Zurich, Switzerland, said all 54 cats injected went on to produce the antibodies – or 'defender' cells – needed to destroy the protein. They said the jab could be available within the next three years, adding: "Both humans and animals could profit from this treatment. Allergic cat owners would reduce their risk of developing chronic diseases, such as asthma. Their cats could stay in the households and not need to be relinquished to animal shelters."

Research shows cat allergy rates have soared over the last few decades, with around 30% of the population of Western Europe now thought to suffer from them. An estimated six million Britons are thought to have a cat allergy. There is currently no cure for the allergy, although immunotherapy, which slowly exposes sufferers to tiny doses of an allergen, can make dampen any reactions. It can take years, however, before sufferers reap the benefits.

**PAT HAGAN writing in *The Daily Mail***

### IS TECH TAKING OVER? PART 1

Where would education be without technology? In ways too numerous to list, it has transformed teaching and learning. “What you can display on a board now is incredible,” says maths teacher and National Education Union (NEU) branch secretary Kester Brewin. “The way you can interact with text, pictures and numbers, that’s a real game changer, and teachers of many subjects would not want to go back to a time when they didn’t have moving images, video and so on.”

What’s more, in a world where children and young people connect, relate and learn using technology outside school, it has become a key tool for teachers if they want to engage pupils in the classroom. Consider this: a quarter of six year olds own a smartphone – a device that has more computing power than NASA had to land men on the moon in 1969.

#### More tech, lighter workload?



But have we now reached a point where, before long, technology will have turned from a useful tool for teachers into a threat to their existence?.....Time spent planning, marking and carrying out in-class assessments could be reduced by technology. Maybe. But who and what is really being enabled? When

the government said five years ago that it would cut teacher workload, the hope was that its focus would be the system generating it. Yet teachers are still swamped by work, and record numbers are quitting each year.....

“There are lots of things, which are more subjective or discursive, that just cannot be marked by a computer,” Kester points out.....the rapid development of artificial intelligence (AI) platforms – computers with a host of human qualities, such as the agility to recognise speech and problem solve – are leading to bleak predictions that millions of jobs will become automated.....

“The promises of technology always need to be taken very carefully because what they always want to do is remove the body,” warns Kester. “You need to be cautious because you can actually sow the seeds of your own destruction.” In the context of a recruitment and retention crisis, and the government’s refusal to fund schools and colleges properly, technology can suddenly seem incredibly cost-effective, he adds.

#### AI’s pros and cons

But Professor Rose Luckin, a former teacher and artificial intelligence graduate based within the Institute of Education at University College London, says, “Human teachers are invaluable, and that’s backed up by the various reports that have been written on the doom and gloom of what’s going to happen in terms of how many jobs are going to be lost.”

AI can tutor but it cannot teach, Prof Luckin explains. Nor can it inspire, empathise or generate rapport. Humans and machines are good at different things, which complement one another, but teachers need to be involved in deciding which part of their job can be automated and which can't, she argues, and at the moment they aren't. "Using tutoring systems to teach the core curriculum, to individualise the core curriculum and tutor to students' needs would allow teachers to do what only human teachers can, and what we really need more of, which is helping to develop students' human intelligence beyond the core academic intelligence," Prof Luckin argues. "If we get it right, AI can provide really detailed, nuanced information about how each student is progressing, when they are struggling, when they are succeeding and that can be used to help them understand themselves, which makes the whole role of the teacher as mentor more meaningful," she says.

### **All change for education as we know it?**

Still, even if highly sophisticated computers can provide one-to-one tutoring on the curriculum, that would change the very nature of education, some believe. "If your idea of education is that it is basically like a memory stick, that you are transferring knowledge onto a student's brain, then there may be that temptation to move in this direction," says Kester. "Then education will become increasingly easy to measure, because that's what machines can do, and that is different from the far more complex, nuanced thing that a school offers."

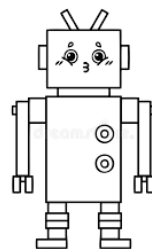
Whether you view AI as a threat or an opportunity for education, it does appear prohibitively expensive for most under-funded schools and colleges. Many head teachers can't pay for pencils let alone iPads.

### **Cut-price 'data harvesting'**

"I would not be surprised to find that schools are offered sophisticated technology at very low prices in order for those big technology companies to gain access to the educational market through which they can harvest ever more data that they can then monetise," says Prof Luckin. "Teachers must be involved in helping with the design and the decision-making process with respect to the sort of AI technologies that end up being used in classrooms. Not only will this help to ensure the technology is genuinely useful for educators, but it will also help educators to understand much more about AI technology and therefore be able to be more savvy and sophisticated purchasers and users, who are able to ask tech companies the difficult questions that need to be answered, if everyone is going to benefit from what AI can bring to education without any harm."

**SALLY GILLEN**

**Taken from the NEU publication 'Educate', May/June 2019**



### SAVED BY RNLI LIFEGUARDS – VICKY'S STORY



**A woman pays tribute to the RNLI lifeguards who saved her, her partner and their unborn daughter in Cornwall 10 years ago.**

I was 35 weeks pregnant with my daughter and went walking round the headland at Chapel Porth Beach, St. Agnes with my partner Marc. It was a spring tide so the waves came in pretty quickly. We very quickly got cut off and eventually pushed against the cliff and backed into a cave by 4-6ft. waves. If it wasn't for a surfer spotting us, we wouldn't be here today!

The RNLI came out but didn't see us at first. We were obviously underwater at that point or pushed back into the cave. But the surfer insisted that she definitely saw two people in trouble. I cannot put into words the relief I felt when I saw the lifeguards. Marc and I were literally saying our goodbyes to each other. He had absolutely no energy left in him, battling the waves whilst holding on to me! The rip was dragging me out. If it wasn't for the fact I was wearing my maternity dungarees, I don't think he'd have been able to keep a grip on me. Marc had hold of the straps. He refused to let go!

When the RNLI came, they couldn't bring the boat in close enough to where we were trapped, because it was too choppy, so lifeguard Chris jumped in; put his own life at risk. He got us himself from the rock we somehow managed to scramble up onto, which was not at all easy being heavily pregnant and battling against the sea. He got us to the boat one at a time, where the other lifeguard, Damian, pulled us in, and we were taken to safety.

I was hospitalised for 3 days to keep an eye on my baby, as I'd suffered a few knocks and bumps to the belly. Nurses said we can only thank our lucky stars that my baby was head down and protected. I had her 3 weeks later. My daughter Rae is now 10 and is fully aware of the bravery you guys put yourselves through. You're all heroes in our eyes; you're the reason I have my family today.

**Taken from the RNLI's Summer publication, 2019**

#### Quotes of the month

A bone to the dog is not charity. Charity is the bone shared with the dog, when you are just as hungry as the dog. - *Jack London*



### THE CHALLENGE OF CHAD

**It's 80% desert, with less than 200 miles of tarmac road, the truck keeps breaking down and terrorist groups are active. But the need for God's word is overwhelming. Africa Programme Adviser, Ken Dachi, experiences first-hand the challenges of Bible ministry in Chad.**

I've travelled in many of Africa's toughest, hardest places, so I went to Chad thinking, "What new thing could I face?" But this was something else...It started at the airport. There was no one there, and when I stepped off the plane it was deserted. For security reasons, no cars are allowed within half a mile of the terminal. So my colleague walked to find me and we hiked back, in the searing heat, to the Bible Society truck.

Chad is an extremely vulnerable country. It's vast – about five times the size of the UK – but has almost no infrastructure. People groups from Niger, Cameroon, Nigeria and Sudan have all sought refuge here. It's also been hit by climate change: since the 1960s, Lake Chad has shrunk to about a tenth of its original size, and terrorist groups like Boko Haram operate here.

On my second day, we headed out to visit a refugee camp where our team runs Bible-based counselling for traumatized children. Most are orphans, their parents kidnapped or killed by Boko Haram. We disappeared into the desert in the Bible Society truck. But before we'd even reached the first stop, the truck broke down. After three hours spent trying to fix it, and with night falling, we gave up and sought refuge in a local settlement. I slept on the sand, under a rough shelter, with my backpack as a pillow.

I was woken at 1am. Another group had come to rescue us and drove us to an abandoned church. We spent the rest of the night asleep on the floor of the chapel. At 6am, we drove another two hours to the refugee camp.

It was a hard journey – and the camp boss told us we'd been lucky to escape without incident – but I can see why the team does it. The children in the refugee camp have witnessed horrible atrocities, things that can't be printed. But with our team they are learning to smile again. They listen to bible stories, experience God's love, and begin to have a little hope for the future. It made my heart melt.

Despite all the challenges, I realized you can't hold back God's goodness; the Bible is changing lives here for good.

**Taken from *Word in Action*, Bible Society's Summer edition.**

## WORTHING

Wonderful Worthing it's the best. The pier is not as good as Brighton but it is less of a city bustle.

The 0932 from Wittering catches the 10 something No 60 for the scenic A286 lambing West Dean route, via a coffee stop at the Midhurst high street Costa and sheltered terminus services.

This route provides such lovely scenery by catching the No 1 top deck east along the downs via Petworth and Storrington.

The Wetherspoons diner at 1230 hours in Worthing high street provides popular club mini grill steak meals at a nothing price including beers.

It is only a short 300 yards to the Corniche Front from where the 3pm 700 bus goes back along the sea, to change at Littlehampton high street terminus for the 700 run via Bognor high street to Chi depot. All this by five buses an hour clockwork.



"We care about you"

"Yea, but we've got better music"

We caught the 6.30pm 53 home.

Buses run later too, the last 53 being circa 1030. So an hour or two stop on the journey home would also work for more pleasure. **DB**

## SIGNS FOUND OUTSIDE CHURCHES

- It is unlikely there'll be a reduction in the wages of sin.
- *If you don't like the way you were born, try being born again.*
- Looking at the way some people live, they ought to obtain eternal fire insurance soon.
- *This is a ch\_\_ch What is missing? (U R)*
- Forbidden fruit creates many jams.
- *In the dark? Follow the Son.*
- Running low on faith? Stop in for a fill-up.
- *If you can't sleep, don't count sheep. Talk to the Shepherd.*



## PERSONAL REFLECTIONS

*There is life in the death of the old oak, lying where it fell;*

*Its peeling, rotten bark a home for insects and many types of beetle.*

*Bright coloured, fruiting fungus breaks out in clusters.*

*Moss and lichen grow, and hornets nest.*

*Woodland birds, tits and redstarts flit around the broken branches.*

*Ivy and bramble thrive; new plants arrive from dark crevices.*

*All around the sunny woodland glad bright flowers grow:*

*Foxgloves, coralroot and orchids; creeping jenny,*



*Filled with the Spirit's power, with one accord  
The infant church confessed its risen Lord.  
O Holy Spirit, in the church today  
No less your power of fellowship display.*

*Now with the mind of Christ set us on fire,  
That unity may be our great desire.  
Give joy and peace; give faith to hear your call,  
And readiness in each to work for all.*

*Widen out love, good Spirit, to embrace  
In your strong care all those of every race.  
Like wind and fire with life among us move,  
Till we are known as Christ's, and Christians*

### THOSE TEENAGERS AROUND YOUR HOUSE THIS SUMMER...

*Have you ever thought how much they have in common with cats?*

1. Neither teenagers nor cats turn their heads when you call them by name.
2. No matter what you do for them, it is not enough. Indeed, all human efforts are barely adequate to compensate for the privilege of waiting on them hand and foot.
3. You rarely see a cat walking outside of the house with an adult human being, and it can be safely said that no teenager wants to be seen in public with his or her parents.
4. Cats and teenagers can lie on the living-room sofa for hours on end without moving, barely breathing.
5. Both cats and teenagers eat some very odd things – at very odd hours.
6. Cats are obsessed with themselves and their appearance. Teenagers....!
7. Cats have nine lives. Teenagers act as if they did.

### DON'T KNOW NOTHIN'

When Columbus started out, he didn't know where he was going. When he got there, he didn't know where he was. When he got back, he didn't know where he had been. And he did it all on other people's money. Can't help thinking that Columbus reminds me of some teenagers who go on family holidays...

### TOO GRAND A PIANO

The story is told how after the concert hall at Broadcasting House was built there was doubt whether the door would admit a concert grand. "Try it," said somebody. But the musical director objected on the ground that if his beautiful Bechstein got stuck it would be damaged. So they instructed the carpenter to take measurements and make an exact replica in plywood. This was done, and then they found they couldn't get the model out of the carpenter's shop.

*(from Alexander Donald)*

### Slow

A curate consistently arrived late for work until his long-suffering vicar asked him what was wrong. "My problem," explained the curate, "is that I sleep very slowly."

### REMEMBERING THE 601 LCM FLOTILLA ROYAL MARINES

601 – The identification number of the Flotilla.

LCM – Landing Craft Mechanised, used to carry and land troops, stores, and carry injured out to the hospital ships. Each LCM would have its own identification (pennant) number.

Flotilla – A number of small ships/boats, in the range of between 3 to 20.

Birdham Marina was built for the repair, maintenance and building of such small craft, the remains of the turn table and rails used for moving the craft into position in the yard are still visible.

The South Downs Holiday camp at Bracklesham Bay was formally the barracks for the Royal Marines stationed here, and it was from Bracklesham Bay that the Canadian troops departed for the ill-fated raid on Dieppe. A greater understanding of the requirements needed for a successful beach assault was learnt from the Dieppe raid.

601 Flotilla was based at Itchenor, and it was in the sheltered waters of Chichester harbour where the crews learnt boat handling skills necessary in the use of their LCMs. Once the boat handling was complete, it was time to practice landing troops. This was a necessity for both crews and troops, and the beaches of Bracklesham bay were ideal for this.

Being assault troops, the Marines would have boarded the LCMs on the night of the 4<sup>th</sup> June, and with the rest of the armada sailed for France, but only to be recalled due to bad weather. Some vessels were still returning to their holding areas along the west coast when the order was again given for operation Neptune to begin. This was the naval phase for getting the troops and supplies to Normandy, and the support of the landings with naval gunfire.

601 Flotilla landed their Marines on Juno beach as scheduled, and from then on, they ferried troops and stores from larger vessels to the beaches, only to return with casualties to the waiting hospital ships.

This was their roll until the Mulberry harbours were built and the larger vessels could move in and discharge their cargoes. Once this was happening the LCMs were no longer required, and were ordered home. No LCM in the Flotilla had been lost, they had successfully completed every task they had been given, and were now returning home.

Unfortunately, on the way home they ran into bad weather, and with their flat bows, flat bottoms and having an open deck, the LCMs were at the mercy of the wind and waves. Eventually they were unable to make headway, and it was decided to return to Juno Beach. The flotilla lost 32 lives, two being killed in France.

After the war from 1951, every year on the 11<sup>th</sup> November, the survivors returned to Itchenor to remember their comrades who never made it back. After the service the deputy Harbour Master would take them for a boat ride around the harbour, and one year they presented him with a crest of 601 LCM Flotilla, which had been hand carved by one of the survivors.

The crest recently came into the possession of the Wittering Royal Naval Association and it was decided that this crest should be returned to the Royal Marines.

This year, for the 75<sup>th</sup> Anniversary of D-Day, a service of remembrance for the 601

Flotilla was held at Itchenor Church, and was attended by members of the Royal Marine Boat Squadron. During the service, the crest and photographs were presented to the Marines by the Chairman of the Wittering RNA Branch, shipmate Chris Walsh, and escorted with an honour Guard composed of shipmates David Colman and Alan Somerville.

The Crest and photographs will go to the Royal Marines museum.

## STEWART MACLEAN

### ROLE OF HONOUR

Marine	Ronald Andrews	
Sub Lieutenant	Colin J. Backhouse	Royal Navy
Cpl.	Joseph H. Barber	Royal Marines
Marine	Eric P. Beadle	
Marine	Maurice Bradshaw	
Marine	Peter Brookman	
Marine	Jon W. Collins	
Marine	William Dunwoody	
Marine	Hillary J. Edwards	
Marine	Jack Childs	
Marine	William A. Goddard	
Capt.	Derek I. Green	Royal Marines
Marine	Thomas Hamilton	
Sgt.	Frank Harris	Royal Marines
Marine	Reginald G. Holmes	
Marine	Ralph G. Jellico	
Marine	Edward A. Knight	
Cpl.	Thomas Langan	
Marine	Thomas J. Lowe	
Marine	John W. Marshall	
Marine	Kenneth McKenzie	
Lt.	Edward M. Aylan-Parker	Royal Marines
Marine	Jack Pattison	
Stocker	Thomas Race	Royal Navy
Marine	Daniel J. Sharp	
Marine	Ronald Smith	
Sgt.	Ernest Spence	Royal Marines
Marine	William H. Stewart	
Marine	Harvey Taylor	
Cpl.	Arthur V. Tidy	
Marine	John Tillie	
Marine	Walter Russell	

### ST. MARY THE VIRGIN CHURCH & APULDRAM PARISH PRESENT:

#### Apuldrum's Autumn Fair & Festival of Flowers

**20th, 21st, & 22nd September 2019**

Tickets available on the day £7.50 each Children under 16 free

Programmes £1.00

***The Preview Party: Thursday 19 September 6.00pm – 8.00pm Bring a friend and enjoy a glass of bubbly with delicious canapés amidst the fantastic flower designs with their colour, scent and texture. Tickets £15 each pre-ordered only***

*from Graham Pound gpound@bigcrouchers.co.uk*

**Friday 20 September 10.30am – 7.00pm**

**Saturday 21 September 10.30am – 6.00pm**

**Sunday 22 September 11.00am – 5.00pm**

#### **Sunday 22nd September**

8.00am Holy Communion & Harvest Festival

5.30pm Evening Service of - Thanksgiving

The Very Reverend Stephen Waine, Dean of Chichester and  
The Reverend Canon Moira Wickens will lead the service.

***Everyone Welcome***



### BOOK NEWS

Many apologies to all potential customers of King's Bookshop for my absence during June and July. I wasn't on an extended holiday; rather, I was incarcerated in hospital! They say you can't get the staff these days but many visitors to King's were helped by the Queens of Wittering Walk: Heather in the café, Linda in Pastiche and Annie and her Alterations. Many thanks to them for their kind acts of neighbourliness.

Hopefully all will now run smoothly in the countdown to Christmas. It won't be long before your favourite annuals are in stock, and this is the time of year when publishers produce new books by favourite authors. If there's a title you want, please let me know.

**JOHN HYATT**



## JACK'S JOURNAL

It is as well that I am a dog of placid and even temperament because life has been very trying this year. In the winter my mistress Ros was in hospital for several weeks which necessitated my removal to her family in Midhurst. Then in June John was also transported to hospital and couldn't walk with me for a whole month. Fortunately, another neighbour, Christine, took me on walks with her delightful little Lucy, and I greatly enjoyed those outings.

John returned home in July but our walks weren't very vigorous as he had to lean on a walking stick. (I've always thought two legs inferior to four but three is ridiculous!). Eventually though he gathered speed and one afternoon I got him to the end of Shore Road and gazed longingly at the beach and the water. "No," he said, "I can't go down there. It's a place where Health and Safety operatives don't dare to tread." At that moment several people approached the precipitous steps and descended to the shingle. Two of them arrived safely but the lady's elegant feet slid from under her and, with a thud like a mini-avalanche, the poor lady landed on her well-upholstered bottom. "Told you so," muttered John to me as the lady's companions bore her away. Having got so far, however, I wasn't inclined to give up and I charged away into the water, leaving John no option but to follow me. With the aid of his stick he was able to join me and we had a lovely half-hour on the beach which is meant to be accessible to everyone.

When we regained the smooth surface of Shore Road, John said we had to hurry as he needed to visit the conveniences behind the Cat & Rabbit. (Another disadvantage for humans; my fellow dogs and I sprinkle with impunity). Just as we reached the establishment the Council van pulled up, the driver jumped out right in front of us, waved

his keys, locked the door and grinned triumphantly. "Too late, mate," he cried. John launched into some peppery expletives about the absurdity of the Council closing the conveniences three hours before dusk in summertime. During this harangue he was hopping from one foot to another and waving his stick rather wildly. "Hold on, mate," said the driver. "I'll open the disabled loo for you." "It's no good to me if it's disabled," retorted John, but he had to accept the driver's offer and we all parted amicably.

It's good to be back to normal in the Witterings!

### BOOKS



**John Hyatt has a large collection of books from the stock of King's Bookshop, of varied subjects and authors.**

**Come and browse, you may find something of interest. John can also order books.**

**These can be found in Wittering Walk-in Dean Semain's emporium *Second Chance*- look for the sign.**

**As John is the only member of staff, the 9-5 hours will not necessarily apply; please be patient.**

### ST WILFRID'S HOSPICE WITTERINGS & DISTRICT SUPPORT GROUP

On **Wednesday 18th September** is Coffee Morning at Russell's Garden Centre 10am to 11.30am.

Since April to July we have raised at our coffee mornings £463.00, at our Summer Nights evening in June £612.50, on our Flag Day in July £443.00 and we had a Lucky Dip table at St Anne's Church Fete also in July £134.00.

Many thanks to you all for your continued support for St Wilfrid's.



### MEN'S BREAKFAST:

**Saturday 28 September 2019**

**START TIME - 8.30am. Doors open at 8am.**

**Venue: The Barn (Harvester),  
Barnfield Drive, Chichester, PO19 7AG**



### THE RNLI MANHOOD BRANCH ALL DAY BEACH COLLECTION WAS HELD AT EAST HEAD ON SUNDAY 28<sup>TH</sup> JULY

The weather forecast was a little mixed, and the day was fine but with a fair amount of cloud which took the edge off the temperature. The queues for the car park were slightly less than last year, but our takings were good, only down a small margin on 2018, an exceptional year. We collected a total of £1,336.

Many thanks to all who donated, and to our team who did a great job. Special thanks to Premier for the loan of a lovely motor home for the day.

Our next Fund Raising event is our Flag week, **Saturday 17<sup>th</sup> August – Saturday 24<sup>th</sup> August**. We will be collecting in Birdham on 17th and in both the Wittering villages on 24<sup>th</sup> from 8.30 to 1.00.

## THE UNITED REFORMED CHURCH Oakfield Ave, East Wittering

**Pastor :** Mr John Gunning “Glen Two” Bracklesham Lane  
Earnley, West Sussex PO20 7JE Tel. (01243) 511121



### **SUNDAY SERVICES at 10.30 am**

*Children can attend a lively Sunday School during the second half of the service.*

**Holy Communion** 10 am on the 1<sup>st</sup> Sunday of the month  
In the Service on the 3<sup>rd</sup> Sunday of the month  
*Bible based services seeking to learn more of God*

**Bible Study - Mondays 6pm Thursdays 10.30am**

**Thursday Fellowship 2<sup>nd</sup> and 4<sup>th</sup> Thursdays at 2.15pm**  
*Varied topics – tea and cake!*

**Friday Tea and Chat 2pm**

**ALL ARE WELCOME TO ALL OF THE ABOVE!**

## ST PETER'S R.C. CHURCH, Church Road, East Wittering. Tel: 673194

**Priest in charge:** Canon Tom Treherne  
(St Richard's Chichester) 782343

### **Sacraments**

**Sundays:** Mass 9.00am  
**Fridays:** Mass 10.00am

**Holy Days of Obligation:** 10.00am

**Sacrament of Penance:** First Friday of the month at 9.30am

